



# January 2010

## Officers

**President:** Pete Weber, RPSGT

**President-Elect:** Nilesh Gupta, MD

**Secretary:** Michael Katzoff, MD

**Treasurer:** Lori Fredrick, RPSGT

## Board of Directors

David Arnold, RPSGT

Jaime Boero, MD

Sue Hoefs, RPSGT

Mary Meyer, RPSGT

B. Tucker Woodson, MD

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## Updates from the Wisconsin Sleep Society

### FROM THE WSS PRESIDENT

Welcome to 2010, fellow sleep experts! Today's America is more in need of sleep than ever before. As Sleep Professionals, we are here to lend a hand. In Jan 5th edition of the Wall-Street Journal, President Obama returned from a trip to Hawaii exhausted from the year 2009. Our Commander and Chief is not alone. As 2010 approaches there is no end in sight for tireless days and sleepless nights. That is why we sleep professionals are all here. We understand the personal stresses, the environmental impacts, the social demands and the physiology that leads to poor sleep.

The Wisconsin Sleep Society is an organization dedicated to pulling together all of our knowledge and standards of practice, as well as new concepts and ideas. The more members we have the better the organization looks. I warn you all that

looking good is not as important as being the best. We also need members to voice concerns and ideas on our blog and tweet with us. We need emails and letters. We need the whole society to push us in a direction for the future.

As the WSS board promises to keep moving sleep forward, we also need your help to steer this organization to greatness.

I look forward to hearing from all you over time in 2010.

Many blessings,

Pete  
WSS President

### BLOGGING

Share your comments on this issue and others on our blog at the following web address: <http://blog.wisleep.org>

## Get Involved With Your Wisconsin Sleep Society

### BOARD OF DIRECTORS MEETING

The next board of directors meeting is scheduled for January 21, 2010 at noon. Please email Pete Weber if you have anything you want on the agenda.

### NOMINATIONS FOR NOVEMBER 2010

All board positions are up for election in November. Please consider running or nominating another member. For details about the various positions, email one of the board members.

### COMMITTEES FORMING NOW

#### Membership Committee

Dave Arnold, Pete Weber

#### Website Committee

Sue Hoefs, Dave Arnold

#### Education Committee

Lori Fredrick, Sue Hoefs

#### Legislative Committee

Mary Meyer

### GENERAL MEMBERSHIP MEETING

We are in the process of planning a general membership meeting for all members. If you are willing to help us procure a location in your area, we will consider scheduling a meeting near you. Please email [info@wisleep.org](mailto:info@wisleep.org) if you can help us out. We would need a meeting room that can accommodate a screen and projector and about 25 participants. We would also like to offer CEUs for those attending by holding an educational hour or two (or three) along with the meeting. We have not budgeted expenses for room rental so we would need a room in a clinic or hospital or hotel that will allow us to use the room for free.

### NEWSLETTER ARTICLES OR COMMENTS

Please email [info@wisleep.org](mailto:info@wisleep.org) if you would like to contribute to this newsletter.

